



# The Wave

Newsletter of the McGill University Rowing Club

March 1989 Vol. I, No. 3.

## Rowing Banquet a Huge Success

by Bradshaw *Crombie*

The reviews are still coming in, but as of yet there hasn't been one bad report. The McGill University Rowing Club's Annual Banquet took place on Friday, November 18th at the Faculty Club. This was perhaps the most coveted invitation of the year. The banquet came with all the trimmings: Veal cordon-bleu, wine, elegant gowns and black tuxedos all juxtaposed against a backdrop of handsome furniture and fireplaces, white linen tablecloths and fuming cuban stogies. It was truly a night to remember.

see Banquet, page 2

has been formed as the support group. Rowing is among the least commercialised of sports and while it is accessible to all, it is viewed by some as a prestige sport. A high quality rowing program visibly adds something to the excellence of McGill.

As Friends of McGill Rowing, our purpose is to help McGill University Rowing Club reach its goals. We raise money for equipment and we help organise events--athletic and social.

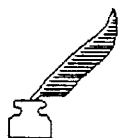
see Friends, page 2

### President's Message

- *Signe Gotfredsen*

### A Word from Friends of McGill Rowing

- George Marshall



Fact One: Given physique, aptitude, effort and desire, a young man or woman can take up rowing as a university freshman and can rise, by graduation time to compete in the

Olympic Games. Of how many sports can this be said? (many of us have seen it happen). Fact Two: Rowing is as strenuous as any competition and yet rowers can enjoy racing safely for many years. Fact Three: McGill has more undergrads in inter-scholastic competition in rowing than any other sport, yet equipment shortage means that the rowing program cannot absorb all those who want to join.

In the past few years, rowing has been revived at McGill. The quality, number and spirit of the undergraduates has inspired the support of the University (Principal Johnston has become a patron of McGill rowing), as well as the enthusiasm of Friends.

McGill rowers have the facilities for training all year (and racing through the summer with the Montreal club) and Friends of McGill Rowing

We are on a Mission...'

-unknown McGill Oarsperson

After a colourful 1988 fall season the mission of the McGill University Rowing Club (MURC) continues. We have put away our blades and smelly woollen clothing for the winter and have pulled on our runners, weightbelt, pens and paper ready to support the MURC in various other ways.

At this time, I would like to extend a special thanks to all those, especially the volunteer coaches and administrators, who so generously donated their time and skills to make this one the most active fall season ever. Best wishes to all for a well deserved Holiday Season.

Into the future, the Annual General Meeting was held on January 12, 1989, where the new executive was voted in by the members. The following constitutes the 1989 executive:

President	<b>Annabel Cooper</b>
VP Fundraising	John Hasty
VP External	Dave Garside
VP Internal	Scott MacKenzie
Secretary	Brenda Jones
Treasurer	Greg Stevenson

Good luck to all in your endeavors and goals for the 1989 year.

As past President, I am the official liaison ►

◀ between the Friends of McGill Rowing and the MURC and wish to hear from any friends who have anything to say (comments, suggestions, etc). All correspondence can be addressed to:

Department of Athletics  
475 Pine Avenue West  
Montreal, Quebec  
H2W 1S4 ■

---

### Coaches' Corner

- *Mike Lizée*

---

Our largest crew ever competed in seven regattas this season, the most in our history. Great results by all our crews during the season culminated in our best overall showing at the OU/OWIAA Championship regatta in St. Catherines.

I was very proud of all our oarsmen and women in my first season as head coach at McGill. Our executive did an excellent job this season. Our assistant coaches also deserve my thanks and recognition, as their efforts and dedication were greatly appreciated.

Laurels go out to all MURC oarsmen and women who participated in our 6th Annual Erg Regatta. A personal high point of the regatta was that of witnessing the freshmen women lead seven of the **eight** relay seats against the varsity women. Newly elected MURC President **Annabel** Cooper pulled ahead in the last leg to edge out the freshmen crew by 13 seconds. My congratulations to regatta chairman Greg Stevenson for a job well done.

Plans are already underway for a spring racing season, with McGill set to participate in the prestigious Dad **Vail** Regatta in Philadelphia. Two eights and three fours have been in training five days a week since the new year. Tank work is scheduled to begin at the end of February. The American schools will have the advantage of rowing throughout the winter therefore our conditioning must be top notch before we hit the water in April.

All rowing inquiries can be made to the head coach at 689-2705, Mike **Lizée**. ■

### Friends, cont. from page 1

We foster interest in McGill Rowing so as to show the benefits it brings to the young athletes; we also encourage anyone, who is inclined to take part in the FMR in any way, on land or water; there are many ways to get involved, from competition to parties! FMR intends to keep our constituents better informed so that the MURC's achievements are recognised and needs made known; we will also publicise the events in advance (such as the recent ceremonial naming of the first new racing eight shell bought by the Club and the recent Annual Dinner and Ball for the club and Friends). In that way we will know better how we can help our Crews excel and how we can all join in the fun.

The FMR welcomes anyone to join in support of the MURC. For further information on how alumni, parents or anyone interested in the sport of rowing can become involved please contact:

George Marshall  
445 Strathcona Avenue  
Westmount, Quebec  
H3X 2X2  
(514) 931-5313 ■

### Banquet, cont. from page 1

The night consisted of aperitifs, dinner, speeches, awards, a slide show and dancing. The first component of the evening gave a chance for all the rowers to greet, congregate, and also meet alumni from years past. Present at the head table were a plethora of show stopping VIP's.

After an appropriate grace led by Reverend Tees and a delicious three-course dinner, a number of speeches were made in conjunction with the awards being given out that evening. The Novice of the Year awards, presented by varsity oarsman Andrew Tees, were deservedly won by Joyce Healy and Scott Mackenzie. Tony Tremain was the recipient of the Lifetime Contribution Award, while John Younger, a four year veteran of the varsity crew, was presented with an award in recognition of his contributions to excellence.

The Slide Show, orchestrated by Grant Gush, led the rowers back through the Year's accomplishments, antics and memories. It was certainly a pleasing image of the group in action.

The tables were cleared and a sort of organised mayhem followed: the dance was about to **begin**.▶

◀ The following hours were devoted to heated jumping, jiving and jostling. It was so hard to believe that these were the same people who had spent their autumn at the basin in their grubs, training and practising under gruelling conditions.

As this chapter in McGill rowing history is closed, a special thanks must be extended to John Younger and associates for their tremendous efforts in orchestrating this elegant affair. ■

---

### Report from the Fundraising Committee

---

The MURC Fundraising Committee began its attack on the wallets of the McGill community as soon as the racing season ended and has already managed to raise approximately \$2000. Under the direction of John Hasty and Samantha Seagram, a number of various projects are underway.

The thrust of the MURC's campaign is the raffle. Emil Gadjanski and his raffle committee have set a goal to raise \$20,000, to go towards the purchase of two new racing shells. We hope to have your full support on this and help make it a success. The final draw will be on March 31, 1989.

Other fundraising projects include the coat check at the Student Union Building. Many thanks go to Dave Garside for the organization of this privilege that adds a couple of hundred dollars to our kitty every time it is done.

A new idea proposed by Brian Turner, is to market a line of MURC sportswear and Reena Lalji has embarked on the 500 Club. The possibilities of corporate sponsorship are being examined.

Anyone wishing to contact us, may do so by calling John Hasty at (514) 523-9136.

## The Second Annual Ergathon

Despite the chilly temperatures a festive mood surrounded the MURC's second annual ergathon. Curious passers-by would stop to watch these strange machines, which were being pulled by straining athletes on the Redpath Library terrace, while rowers mulled about gossiping, socializing and egging on their friends.

The event was organized as a fundraiser designed to send the crew to the OU/OWIAA regatta in St. Catherines. Each rower was given the task of raising at least \$40 dollars through pledges from friends and family. The crew goal was \$4000.

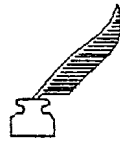
Chris Mann, the team's wonderfully capable manager, patrolled the booth beside the ergometers. Teams of three rowers were dispatched to their respective ergs and were forced to suffer through a 30 minute ordeal which in most peoples cases were punctuated by spurious technique checks from the Know-it-all types in the crew. The crowd of rowers that lingered about the area didn't seem to notice that the temperature, on both days, never reached above 5°C

The Ergathon was a financial success raising more than was needed. Special thanks must be extended to Chris Mann who did an admirable job at organizing the event, as well as to Arjen Singh who very generously donated the use of his Ergometer. ■

---

## The Ordeal of Novice Rowing

by Sidney Omelon



"Be prepared to dedicate four hours a day, six days a week to your crew. You must stay ahead in your studies and forget about a social life until November".

There were three general reactions to this opening speech at the first MURC meeting: The nodding heads or blank stares of the returning rowers, shocked faces of potential novice rowers who were never to be seen again and smiles on the faces of those strange few who were to become the MURC's novice rowers of 1988. Did these people really understand what they were getting themselves into: 6:00 am or pm practices, tying down boats in the dark, falling behind in school, rowing in the wind, rain, snow and enduring a non-existent social life (to quote the Get Smart character "and loving it"). Not likely, but these novice dogs and novice chicks as they were later termed, all shared a passion for learning to row and row well (not to mention having a great time and maybe getting a crew jacket as well!).

The Novice crews had a great time learning that ►

◀ giant crabs didn't inhabit the bottom of the Basin (although there must have been something grabbing all those oars) and that spiking didn't refer to last night's party. The crews had some excellent results during the season before meeting with disappointment at the OU/OWIAA's.

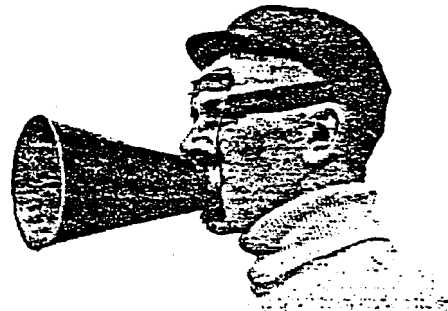
Many thanks should be extended to Mike Lizee, Richard Millar, Dave Wake and Ken Putt for their patience, help and expertise that developed the awesome power and style of the rappin' lightweight men, 'the still clad in shorts in October' heavyweight men, the determined heavyweight women, and the forever jabbering lightweight women.

Here's to next year's ex-novice rowers- we made it guys! ■

The *Wave* is published three times annually by the McGill University Rowing Club as an information medium for itself and its sister organization, the Friends of McGill Rowing.  
 Articles, comments, and suggestions should be sent to:

The Wave  
 McGill University Rowing Club  
 475 Pine Avenue West  
 Montreal, Quebec  
 H2W 1S4

Editor: ..... Scott MacKenzie  
 Layout/Design: ..... Tom O'Connor



M.U.R.C TORONTO REUNION  
 DOMINION DAY REGATTA  
 JULY 1<sup>ST</sup> (SATURDAY) 1989  
 BRUNSWICK HOUSE  
 8PM ROWERS + ALUMNI

---

UPCOMING EVENTS UPCOMING EVENTS

---

\* This summer a MURC Toronto reunion is being planned that will probably take place at the Brunswick House. Also for next season a Boat Burning - Bar B Q is being discussed. For more information follow the McGill Daily personal ads.  
 ALL ARE WELCOME!!!!

For more Upcoming Events please contact Scott MacKenzie at (514)766-9168 (winter and summer).

Manager's Report

Crew Results: Regattas will appear on the left while the placing will be marked by a number with the number of crews in the race beside it.

	W NOV			M NOV			M JV	W JV	LT	W VAR	M VAR
	A	B	C	A	B	C					
Wellsand									2/3	1/6	2/7
London									2/3	1/5	1/6
Trent	5/11	6/11	1/11	7/12	10/12	2/12	2/8	6/8	3/4	1/7	2/9
Rideau	3/4	DNF	4/4	2/8	6/8	4/8	2/2	1/2	3/3	1/5	2/4
Charles										3/29	26/32
Brock	6/6	2/4	2/5	4/5	3/5	1/5	2/7	4/6	5/7	3/5	
OU/ OWIAA	DSQ	DNQ	DNQ	DNQ	DNQ	DNQ	5/7	3/5	4/6	3/6	2/5

Key to Abbreviations

Nov = Novice, JV = Junior Varsity, LT = Lightweight, VAR = Varsity  
 M = Men, W = Women  
 DSQ = Disqualified, DNQ = Did Not Qualify for the final